



## **REQUIREMENTS FOR DIABETIC SHOES FOR MEDICARE/MEDICAID**

- **DIABETIC MANAGEMENT EXAM:** Patient must have an **in-person/or Telehealth (video + audio) visit** with an **MD or DO** for diabetic management (discuss sugars/medication management/dietary management/A1C, etc.) within 6 months prior to receiving shoes and inserts. In MN & WI, this may not be an NP visit
- **FOOT EXAM:** Patient must have an **in-person/in clinic** diabetic foot exam of **BOTH FEET** (if one foot is amputated, that would be noted), within 6 months prior to receiving shoes. **Telehealth is NOT available** for this exam, as it must be an objective physical exam. One or more of the **\*six qualifying foot conditions, below**, must be recorded in this **objective bilateral** foot exam dictation
  - Foot exam may be completed by the same MD or DO who has conducted the in-person diabetic management visit, **OR**
  - MD or DO treating the diabetes must sign off/agree with the foot exam completed by another clinician, DPM, NP, PA or a different MD, DO
- **DM SCP: MD or DO**, who manages the patient diabetes, must sign the Statement of Certifying Physician within 3 months prior to patient receiving the shoes AND sign off on the foot exam, if it was executed by another clinician.
- **PRESCRIPTION:** There has been a prescription issued, by the clinician who completed the foot exam, within the last 3 months for diabetic shoes (and inserts, if needed).

### **\*Six Qualifying Foot Conditions:**

1. **History of partial or complete amputation of either foot**, recorded in exam notes.
2. **History of previous foot ulceration**, recorded in exam notes with dates for history or if current.
3. **History of pre-ulcerative callus**, recorded in exam notes with dates for history or if current.
4. **\*\*Peripheral Neuropathy with evidence of callus formation:**  
Neuropathy needs to be noted in foot exam as loss of protective sensation with specific testing; Semmes- Weinstein monofilament (at least 2 of 5 sites documented), tuning fork test for loss of sensation or other physical testing; Callus needs to be noted, if present.
5. **Foot deformity**, Examples: bunion, hammertoes, Charcot foot, claw toe, bone spurs, and Pes Planus (flat feet - new as of 2021).
6. **Poor circulation of either foot**, quantitative recording of pedal pulses in foot/feet, 2 or less, weak, absent, non-palpable

**\*\*ALERT:** Peripheral Neuropathy, **stand alone**, is not a qualifying condition for DM shoes/inserts.

Contact Team Tillges at 651-379-5214 with questions.